

# Gift Card Specials

## Session Rates

### At-Home Personal Training:

- 60 min 1on1 Training: ~~\$100~~ → \$80
- 30 min 1on1 Training: ~~\$75~~ → \$60
- 60 min SG Training: ~~\$120~~ → \$96
- 30 min SG Training: ~~\$95~~ → \$76

*Note: SG stands for small group (2-4 people)*

### Virtual Personal Training:

- 60 min Zoom Training: ~~\$50~~ → \$45
- 30 min Zoom Training: ~~\$35~~ → \$28

### Transformation Group Personal Training:

- 60 min TG Training: ~~\$30~~ → \$25

*\* Max 3 Sessions for same recipient \**

#### INSTRUCTIONS

Enter the original price (the red-line price) as your gift card amount. If you buy multiple sessions (up to 3) please multiply the red-line price by the number of sessions and enter that value as the gift card amount.

Type in the promo code: GIFT20, at the checkout screen.

Please email any questions to [Joel.Balaban@AtmosEffect.com](mailto:Joel.Balaban@AtmosEffect.com)